



## **REGISTRATION AND PAYMENT DETAILS**

Autumn's Expansion  
Corinella Country House  
Kynetom  
22<sup>nd</sup> – 24<sup>th</sup> March 2019

This retreat is designed for you to regroup and nourish yourself in the company of like-minded people curious about yoga, meditation, nature and being part of a broader community. To ensure a safe, revitalizing weekend a few details are required from you.

### **PLEASE COMPLETE**

**Name:**

**Date of birth:**

**Address:**

**Phone contact:**

**Email:**

**Emergency contact person: Name:**

**Relationship:**

**Ph:**

**1. Please list any known injuries and/or medical conditions:**

**2. Please list any medications that you are currently taking:**

If you are taking medications as directed by your medical professional, please ensure have adequate supply for the duration of the weekend retreat.

**3. Please declare any known food allergies:**

The weekend retreat is supported by gluten free, vegetarian food. Any individual with allergies to nuts, or other food allergies will need to provide their own food.

**4. Please circle your level of yoga practice**

Complete beginner

novice

intermediate

advanced

## **5. Please provide travel details and expected arrival time at Corinella House**

Check in is available after 2.30 pm. Retreat commences with an opening circle at 4.00 pm.

### **REFUND POLICY**

- Cancellation prior to 22<sup>nd</sup> March will incur a \$100 administration fee
- Cancellation between 22<sup>nd</sup> February – 7<sup>th</sup> March 2019 - 50% refund
- Cancellation 8<sup>th</sup> March, 2019 onwards - no refund in any event\*
- \*You may transfer your place to friend. If in a twin share, the person you transfer to, must be of the same gender.

### **PLEASE READ CAREFULLY BEFORE SIGNING**

By signing this form you are declaring that:

- You are medically fit to participate in a yoga based weekend.
- You have informed us of any contra indications that may prohibit your participation.
- You understand that food provided is simple gluten free, vegetarian food designed to nourish your body and support a yoga practice. Other dietary requirements are unable to be catered for.
- You understand that the safety of your personal belongings is your responsibility.
- Participation in any physical activity over the weekend is at your own discretion and risk, and that you will not hold the facilitator, Leonie Lockwood, her assistants or the venue Corinella Country House liable in the unlikely event of loss of belongings or personal injury.
- You have read and understood the **REFUND POLICY**
- Full payment is to be made at the time of registration. Bank account details below. Registration without payment will not secure your place on retreat.
- If requesting a payment plan, a 10% surcharge applies. To receive the early bird rate + 10%, all payments must be made prior to the close of early bird at 5pm Thursday 21<sup>st</sup> February, 2019. A minimum deposit of \$100 is required if using payment plan. A registration form must be completed at the time of first payment.
- Electronic devices are strongly discouraged and if brought are to be handed in upon arrival or switched off for the duration of the weekend. Please bring a portable alarm clock.

**Participant's signature:**

**Date:**

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### **PAYMENT DETAILS**

Leonie Lockwood  
Bank Vic  
BSB: 704230 ACC: 100588842

**SCAN AND EMAIL YOUR REGISTRATION FORM TO:**

[Leonie@flowinglife.com.au](mailto:Leonie@flowinglife.com.au)

[www.floatinglife.com.au](http://www.floatinglife.com.au)